

fitness

mind, body & spirit

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“I Tried It!” Topical Bust Booster

“Since I’m not particularly well endowed, I jump at any opportunity to enhance my cleavage. Wonder Bust, a topical solution, claims to swell breasts (noticeably tightening your bra) in just minutes. I applied the gel and felt it tingle. I didn’t see any difference, so I tried on my A-cup to check the fit. It did seem to tug a bit more than usual, but that was likely because the solution left a sticky film. I continued to use the gel for the next two days. However, bodacious cleavage was not to be mine.” —Katrin Warren
Wonder Bust costs \$49.95. Call 877-261-1133.

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\$3.50 U.S. \$4.50 Canada
www.fitnessmagazine.com



**Sleek summer arms
in 6 easy moves**