

Super-Healthy Salads That Really Satisfy!

IT'S GOOD TO BE YOU™

Women's Health

LAST-MINUTE
2-WEEK PLAN!

SUMMER

WHL'S

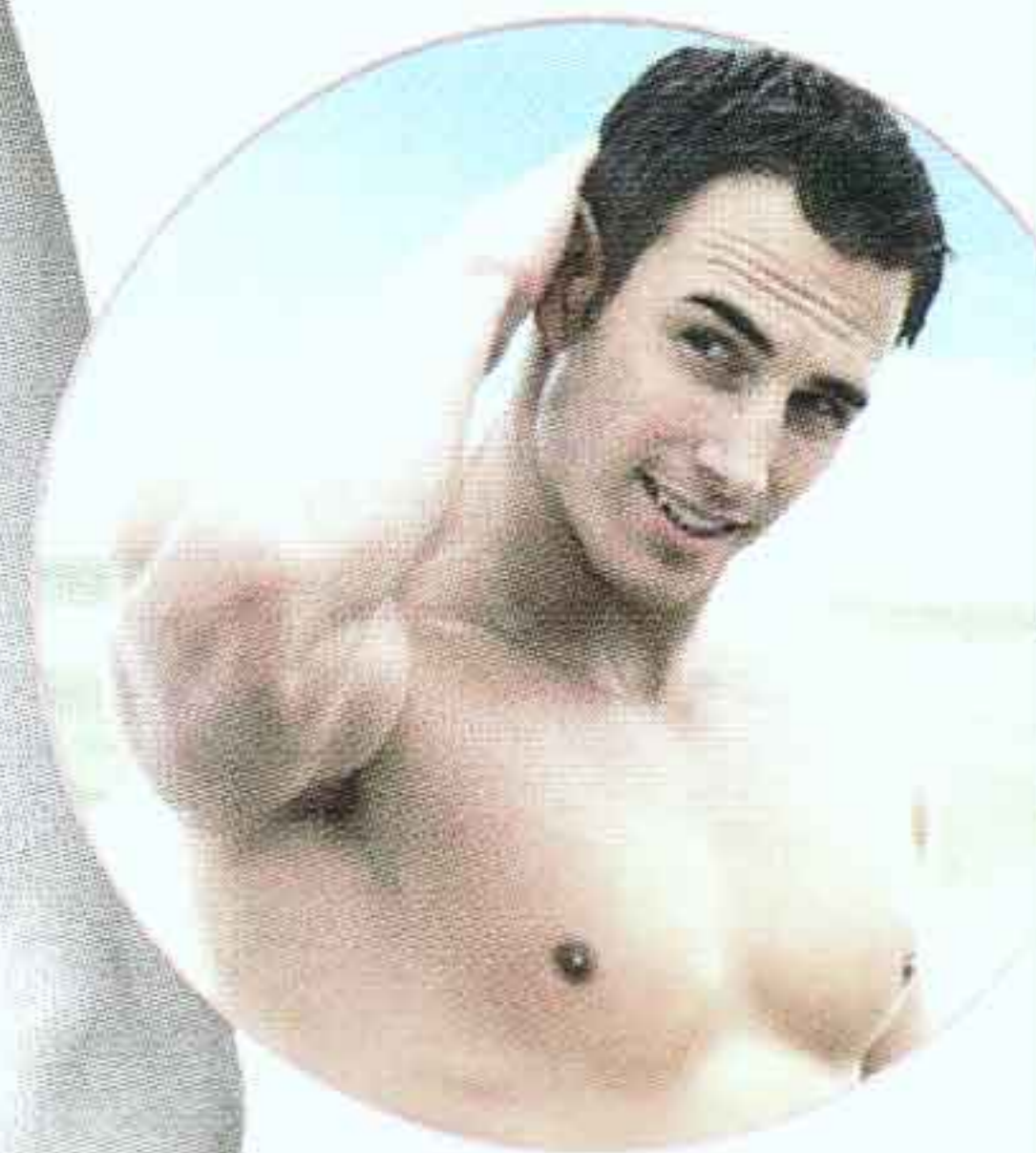
THE BIG EASY

THE EASY WAY TO...
**LOOK YOUR
BEST**

**88 | PUT THE KIBOSH
ON WRINKLES**

You have 20 minutes to get out the door and your shirt has more wrinkles than a pug. Forget ironing. Throw the offending frock and a damp towel in the dryer and set it to the warm air cycle, suggests Jerry Pozinak, manager of Jeeves New York, a high-end garment-care company. Let it run for 15 to 20 minutes, while you do your hair and makeup. The steam released from the towel will smooth everything out.

**BEAT
STRESS
NOW!**
The 100
Greatest
Time-Saving
Websites
(Log On & Say
Ahhhhh!)



Drive
Him
Wild!
p.124

**GORGEOUS
SUMMER
HAIR & SKIN**

JUNE 2008

DISPLAY UNTIL JUNE 24, 2008

\$4.99US



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NUTRITION & STYLE TIPS