

Women's Health

NEW!

YOU **BEAUTY** By Dana Wood

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love your layers

Hair from hell. One day it's frizzy, the next day it's flat—and the day after that, you're ready to cut it off. Before you dial those clippers down to "bald," try one of these easy, layered looks from top celebrity hair stylist Ken Paves. Whether your hair is stick-straight or silly-curly, we've got a look that's just right for you



Fine and straight

With straight, fine hair, building volume is the main goal. Paves, who styles Jessica Simpson, suggests keeping your hair all one length, and layered mainly at the ends. "If you overlayer it all the way into the base of the haircut, the hair will become very wispy and look even thinner," he says. "So the key is to maintain the weight in the ends, which gives the hair substance."

STYLING TIP Blow-dry your hair upside down, even if it's for 5 minutes. It creates extra body at the scalp. For extra volume, we like these styling products right out of the shower and right before you blow-dry: Kérastase Resistance Volumactive mousse (\$29, 877-748-8357) or Paul Mitchell Extra-Body Daily Boost Root Lifter (\$12.50, Paul Mitchell salons).



Wavy

Loose, carefree, and sexy is what wavy hair should be—and lots of layers will give you that natural shape and movement. "With wavy hair, you can layer a lot more," Paves says. "And it's better to layer wavy hair more around the ends than up through the crown. If you gradually layer through the outside perimeter, toward the bottom of the haircut, you get a nice rounded, shaped look."

STYLING TIP Crunch and twist your hair as you towel-dry or blow-dry for a naturally sexy look. To enhance curls, we like Bumble and bumble Curl Conscious Curl Creme (\$25, bumbleandbumble.com). Apply it to wet hair for added spirals. For poststyling, rub a little Aveda Control Paste (\$21, aveda.com) between your fingers, then twist a few locks together to create a pieced look.



Super-curly

Thick and curly hair needs controlled curls and minimized volume. According to Paves, layer in moderation. "With real curls, you can layer, but you have to be careful because the hair springs up so much," he says. "If you're going for a shorter look—like above the shoulders—layers are fine because they give a nice corkscrew look. But with midlength hair, you really don't want to layer too much because it will get gigantic. You won't be able to style it."

STYLING TIP Always use conditioner. It will deflate unruly locks. To define curls and control frizz, we like KMS Curl Up Control Creme (\$16, 800-342-5567). And shampoo with Rene Furterer Fioravanti Anti Frizz shampoo (\$22, sephora.com). It cleanses, moisturizes, and detangles flyaways.

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