



## Book Launch Party for Dr. Aaron Tabor's Exciting New Book "The Revival Slim & Beautiful Diet"

Hello darlings, welcome back to Cognac's Magazine!

Chic New Yorkers and fashionistas will agree that the elegant **Bruno Jamais Restaurant Club in Manhattan** was the perfect setting to promote the launch of handsome Dr. Aaron Tabor's exciting new book "The Revival Slim & Beautiful Diet." Dr. Tabor's approach to proper nutrition and diet are unique in that he has researched and recognized the need for an integrated diet approach. Dr. Tabor was happy to discuss this with me during my intimate interview with him while we sipped champagne. The good doctor promises the revival slim and beautiful diet will reduce gelatinous belly and body fat rapidly, reduces the appearance of wrinkles and facial lines, increases hair silkiness and shine, improves nail growth with less splitting and ridging. Dr. Tabor was inspired to write this amazing book after helping his mom through the stages of menopause. At age fifty, Suzanne Tabor, Dr. Tabor's mom was an absolute wreck. Fifty is a fine number unless it represents the number of hot flashes you are having each night, or the dress size you fear maybe yours?

Suzanne Tabor also mentioned during our interview that she was eating healthy just not the right foods or the right portions to give her the necessary energy she required in her busy daily life. Suzanne expressed "When I called my son and told him of the hormonal tornado sweeping through my body and my once peaceful home, I really was at the end of my rope mentally and physically, low energy, shrinking physical health, combined with my waistline expanding it really started taking a toll



Dr. Aaron Tabor and Cognac at Bruno Jamais Restaurant Club for the Book Launch Party "The Revival Slim & Beautiful Diet" - Photography by Lorenzo Esquivel



Suzanne Tabor and Cognac Wellerlane - Photography by Lorenzo Esquivel



Joe Manuella "Robert DeNiro" lookalike, Spokesmodel for the Book, Vince Carazello "Joe Pesci" lookalike and Vince Guido "John Travolta" Lookalike - *Photography by Lorenzo Esquivel*

mom the best health and beauty of her life I founded Physicians Laboratories where I am CEO and Medical Research Director. I studied a solution for my mom's 'midlife meltdown,' including her weight gain and deepening wrinkle appearance. Dr. Tabor revealed that he was surprised and disturbed how many unproven diets become popular because of good marketing not good science. Dr. Tabor confessed that he adores working with Fashionistas, Divas and Mavericks who are ultimately passionate about their life, health and beauty. Dr. Tabor and his young looking mom commented, "Put your Diet Boots on, and let's get started on a beautiful sexy New You! Taste is also be very important in developing his health and nutrition products. "We've worked many years to develop sophisticated flavors that you won't believe until you 'taste the proof' in our milk protein or soy protein bars, shakes, pasta and snacks. You can even have chocolate everyday and still lose weight," he revealed.

Average weight loss for the Revival diet study participants was between an estimated 26 to 29 pounds in sixteen weeks. Volunteers did not experience the typical weight loss associated with many popular diets. Individual results may vary. Dr. Tabor also mentioned how important soy products are in maintaining a healthy diet. He advocates his naturally concentrated

on my emotions. My self esteem was low and my skin, nails were dull. I started to lose my zest for life." Suzanne reached out for her son for assistance in combating this dilemma and insisted he help her. This wonderful new diet approach restored her energy, and relieved her menopause discomfort. Both Dr. Tabor and his beautiful mom promised that this amazing new diet is delicious and easy to maintain. Dr. Tabor confirmed it took seven years of research and many clinical studies for him to write this book. Dr. Tabor a graduate of a top medical school, The John Hopkins School of Medicine also holds numerous health patents in countries around the globe and has researched and found studies to confirm this medical discovery. "As a result of seeing Revival give my



Vince Carazello, Joe Manuella, Kathy Rothman Dr. Aaron Tabor, Paris Felinni, Vince Guido and Donald Metzger - *Photography by Lorenzo Esquivel*

protein bars and shakes rich in antioxidants which support his studies of how beauty is necessary from the inside out. Dr. Tabor's soy products, protein bars will also balance hormones for reduced hot flashes and lessens PMS, promotes normal bone health, including facial bones, which he stresses is the foundation for beauty, promotes normal cholesterol, blood pressure and blood sugar health.

Dr. Tabor's beauty advice, psychology about health along with his fabulous mother's expert charm and knowledge about life through this wonderfully humorous book "The Revival Slim and Beautiful Diet will keep you intrigued, losing, laughing and looking great!

For more information about Dr. Tabor new diet and book please visit: [www.revivaldiet.com](http://www.revivaldiet.com)

Until my next  
celebrity event,

Pink Champagne kisses  
Cognac Wellerlane

**For more on  
this event,  
please visit  
[www.kmpr.com](http://www.kmpr.com)**



Paris Hilton Lookalike Paris Felinni and Cognac Wellerlane - *Photography by Lorenzo Esquivel*



Recording Artist and Jazz Vocalist Linda Ciofalo promotes her new CD and website <http://www.lindaciofalo.com> at "The Revival Slim & Beautiful Diet" Book Launch Party - *Photography by Lorenzo Esquivel*