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WHAT'S THE BEST WAY TO HAVE A RELAXING FACIAL? GET STONED WITH THE STONE SOUL FACIAL

New York, NY March 2003 - If you are like many others who have put vacation plans and air travel on hold due to the economy and world events, you may wonder how you can in fact relax in your own backyard without breaking the bank. **DeFranco Spagnolo Salon Spa in Great Neck, New York** comes to the rescue and takes their cue from nature with the newest stress busting facial incorporating natural hot and cold sea stones with their signature Four Layer Facial® for total mind and body synergy.

The ultra deluxe Stone Soul Facial last for 90 fabulous minutes incorporating two massage techniques and layer upon layer of fresh European seaweed to rejuvenate, tone and firm the skin for dramatic long term results. The experience includes hot and cold sea stone therapy during a relaxing foot and hand treatment that releases stress, tension and improves overall well-being. The sea stones are used in conjunction with pressure point, reflexology, and lymphatic drainage for the ultimate in total body awakening.

Ying/Yang

Each client is given a consultation prior to treatment as well as facial mapping during which time sea stones are heated to 115 degrees. Two heated stones are placed in a client's palms and one below the navel while slowly inhaling and exhaling. Additional stones are placed around the groin, armpits, and toes to encourage lymphatic drainage. Cold stones are left on the face for five minutes and a pressure point massage begins which starts the yin/yang process of hot and cold therapy.

Time to get layered

Now, the fun really starts. A special C serum is applied using two cold sea stones to massage the serum into the skin with effleurage and tapotement movements lasting for five glorious minutes. Layers of all seaweed based exotic creams, masks and oils are applied while the hands are placed in warm mittens and the feet are soothed with peppermint oil for an aromatherapy foot treatment.

Getting Scalped

None stone is left unturned literally and figuratively speaking as the scalp succumbs to two hot sea stones fueled by Calming Essential Oil. At this time, the final layer of the mineral mask has cooled and is swiftly removed to make way for final touches of hydrating cream and sunscreen. Lastly, the sea stones are removed from the body and the experience is complete with a final gulp of the seaweed magnesium supplement.

The good news is that even those who are pregnant, suffer from diabetes or have high blood pressure can benefit from this treatment substituting hot for cold stone therapy. The facial is designed for anti-aging and can remedy fine lines, dehydrated and lifeless skin as well as improve elasticity. Treatments are recommended every eight weeks to accompany monthly traditional facials.

The price for such total tranquility actually does come cheap at a mere 90 dollars for 90 minutes of pure unadulterated bliss. Whoever knew getting stoned could make you look so great?

Please visit the DeFranco Spagnolo Salon Spa at www.Dfssalon.com

All Editors are invited for a complimentary treatment

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