



## Real Housewife of New York City **Alex McCord** Writes a Parenting Book



*Real Housewives of New York City*'s couple **Alex McCord** and **Simon van Kempen** have penned a parenting book together called *The Urban Parent: Tales From a Real House in New York City* based on their own experiences in raising two sons.

As reported by *People*, Alex stated, "It's not a how-to book but a collection of our experiences and what we learned from raising our children, Alex said recently at their private cocktail party for their yet-to-be-released book at the Bruno Jamais Restaurant Club in New York. "Some people may think why we wrote a parenting book, but we were getting e-mails from fans with so many specific questions on what is it like to speak two languages at home or what's it like to have a nanny versus an au-pair? So the book will help answer those questions."